

May 2019

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | | |
|---------------------|-----------------------------------|--|---|---------------------------------------|--|--|
| 5/6 Choose One | 5/7 Choose One | 5/8 Choose One | 5/9 Choose One | 5/10 Choose One | | |
| Cinnabar (45g) | Egg & Cheese | Turkey Sausage & | Yogurt Parfait (63- | Assorted Pancakes | | |
| Peanut Butter & | Croissant (28g) | Cheese on Biscuit | 78g) | (36-40g) | | |
| Jelly Graham (30g) | Assorted Bagel (29- | (27g) | Peanut Butter & | Assorted Bagel (29- | | |
| , , , , | 35g)/Cream Cheese | Apple Blueberry | Jelly Graham (30g) | 35g)/Cream Cheese | | |
| | (2g) or Peanut Butter | Chip Bar (48g) | (**8) | (2g) or Peanut | | |
| | (6g) | - 1 - 1 (-0) | | Butter (6g) | | |
| | (-0) | | | (*6) | | |
| | | | | | | |
| | | | | | | |
| 5/13 Choose One | 5/14 Choose One | 5/15 Choose One | 5/16 Choose One | 5/17 Choose One | | |
| French Toast Sticks | Turkey | Turkey Sausage, | Apple (36g) or | Grape-Filled | | |
| (57g) | Ham/Egg/Cheese | Egg, & Cheese | Cherry (37g) Frudel | Crescent Roll (35g) | | |
| Assorted Bagel (29- | Croissant (29g) | Pancake Sandwich | Assorted Bagel (29- | Peanut Butter & | | |
| 35g)/Cream Cheese | Peanut Butter & Jelly | (32g) | 35g)/Cream Cheese | Jelly Graham (30g) | | |
| (2g) or Peanut | Graham (30g) | Apple Blueberry | (2g) or Peanut | | | |
| Butter (6g) | | Chip Bar (48g) | Butter (6g) | | | |
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| | | | | | | |
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| 5/20 Choose One | 5/21 Choose One | 5/22 Choose One | 5/23 Choose One | 5/24 Choose One | | |
| Cinnabar (45g) | Egg & Cheese | Turkey Sausage & | Yogurt Parfait (63- | Assorted Pancakes | | |
| Peanut Butter & | Croissant (28g) | Cheese on Biscuit | 78g) | (36-40g) | | |
| Jelly Graham (30g) | Assorted Bagel (29- | (27g) | Peanut Butter & | Assorted Bagel (29- | | |
| | 35g)/Cream Cheese | Apple Blueberry | Jelly Graham (30g) | 35g)/Cream Cheese | | |
| | (2g) or Peanut Butter | Chip Bar (48g) | | (2g) or Peanut | | |
| 5 /27 Ch Ou - | (6g) | 5 /20 Ch Ou - | 5 /20 Ch O | Butter (6g) | | |
| 5/27 Choose One | 5/28 Choose One | 5/29 Choose One | 5/30 <u>Choose One</u> Cook's Choice | 5/31 | | |
| Memorial Day | Turkey | Turkey Sausage, | Assorted Bagel (29- | No School | | |
| No School | Ham/Egg/Cheese Croissant (29g) | Egg, & Cheese Pancake Sandwich | 35g)/Cream Cheese | - Marie | | |
| | Peanut Butter & Jelly | (32g) | (2g) or Peanut | - HOLL MAN | | |
| | Graham (30g) | Apple Blueberry | Butter (6g) | S S S S S S S S S S S S S S S S S S S | | |
| | Granam (Sog) | Chip Bar (48g) | butter (og) | | | |
| | | Chip bai (408) | | | | |
| NO PORK | | A variety of fresh | I fruits, choice of 1% lov | v fat white milk (13ø) | | |
| PRODUCTS | This institution is an | • | [24g], Dragon punch (f | , 0,, | | |
| OFFERED. | equal opportunity | | 4g), and apple juice (1 | | | |
| | provider. | with breakfast. | <u> </u> | | | |
| NUTRIENT AND | | | | | | |
| INGREDIENT | Menu is subject to | CHOOSE ONE MAIN ENTRÉE OR CHOOSE TWO OF THE | | | | |
| CONTENT | change. | FOLLOWING AT BREAKFAST: | | | | |
| AVAILABLE UPON | | Assorted Cereals (20-27g) | | | | |
| REQUEST. | Rev 5/10/2019 | Cheese Stick (1g) | | | | |
| | | Cinnamon Roll (20g) | | | | |
| | | Graham Cracker (19g) | | | | |
| | | Hard Boiled Egg (1g) | | | | |
| | | Muffins (26-28g) | | | | |
| | | Honey Roasted Sunflower Seeds (11g) | | | | |
| | | Yogurt (14-16g) | | | | |
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