

**May 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>5/6 Choose One</b> Cinnabar (45g) Peanut Butter & Jelly Graham (30g)	<b>5/7 Choose One</b> Egg & Cheese Croissant (28g) Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>5/8 Choose One</b> Turkey Sausage & Cheese on Biscuit (27g) Apple Blueberry Chip Bar (48g)	<b>5/9 Choose One</b> Yogurt Parfait (63- 78g) Peanut Butter & Jelly Graham (30g)	<b>5/10 Choose One</b> Assorted Pancakes (36-40g) Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g)
<b>5/13 Choose One</b> French Toast Sticks (57g) Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>5/14 Choose One</b> Turkey Ham/Egg/Cheese Croissant (29g) Peanut Butter & Jelly Graham (30g)	<b>5/15 Choose One</b> Turkey Sausage, Egg, & Cheese Pancake Sandwich (32g) Apple Blueberry Chip Bar (48g)	<b>5/16 Choose One</b> Apple (36g) or Cherry (37g) Frudel Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>5/17 Choose One</b> Grape-Filled Crescent Roll (35g) Peanut Butter & Jelly Graham (30g)
<b>5/20 Choose One</b> Cinnabar (45g) Peanut Butter & Jelly Graham (30g)	<b>5/21 Choose One</b> Egg & Cheese Croissant (28g) Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>5/22 Choose One</b> Turkey Sausage & Cheese on Biscuit (27g) Apple Blueberry Chip Bar (48g)	<b>5/23 Choose One</b> Yogurt Parfait (63- 78g) Peanut Butter & Jelly Graham (30g)	<b>5/24 Choose One</b> Assorted Pancakes (36-40g) Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g)
<b>5/27 Choose One</b> <b>Memorial Day</b> <b>No School</b> 	<b>5/28 Choose One</b> Turkey Ham/Egg/Cheese Croissant (29g) Peanut Butter & Jelly Graham (30g)	<b>5/29 Choose One</b> Turkey Sausage, Egg, & Cheese Pancake Sandwich (32g) Apple Blueberry Chip Bar (48g)	<b>5/30 Choose One</b> <b>Cook's Choice</b> Assorted Bagel (29- 35g)/Cream Cheese (2g) or Peanut Butter (6g)	<b>5/31</b> <b>No School</b> 
NO PORK PRODUCTS OFFERED.  NUTRIENT AND INGREDIENT CONTENT AVAILABLE UPON REQUEST.	This institution is an equal opportunity provider.  Menu is subject to change.  Rev 5/10/2019	A variety of fresh fruits, choice of 1% low fat white milk (13g), skim chocolate milk (24g), Dragon punch (fruit & vegetable juice 13g), orange juice (14g), and apple juice (14g), are offered daily with breakfast.  <b>CHOOSE ONE MAIN ENTRÉE OR CHOOSE TWO OF THE FOLLOWING AT BREAKFAST:</b> Assorted Cereals (20-27g) Cheese Stick (1g) Cinnamon Roll (20g) Graham Cracker (19g) Hard Boiled Egg (1g) Muffins (26-28g) Honey Roasted Sunflower Seeds (11g) Yogurt (14-16g)		

